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Soft & Chewy Ginger Cookies—as well as sourdough and yeasted breads like Classic French Boule and buttery Sweet Potato Rolls. This book also explores einkorn ' s history, unique genetics, and superior nutrient content, while sharing Carla ' s tips for using it to its full baking and ...

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In Einkorn: Recipes for Nature ' s Original Wheat, Carla first provides her family ' s background, what lead her to einkorn, and a brief history and explanation of the grain, comparing and contrasting it to others, as well as

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the differences in how einkorn is to be worked with in the kitchen.

Einkorn

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1 / 2cup (60 g) powdered sugar Pinch of ground cinnamon Pinch of ground ginger. 1 Preheat the oven to 350 ° f. Grease a 4 1 / 2 x 8 1 / 2-inch loaf pan. 2
5MAKE THE BREAD: In a large bowl, sift together the flour, baking soda, and salt.

RECIPES FOR NATURE ' S ORIGINAL WHEAT

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As a consequence, some gluten sensitive people who do not have celiac disease can tolerate this grain. A bonus: einkorn has over 5% more protein than durum wheat flour. Carla's book is beautifully photographed, with a picture for almost every recipe, inspiring one to try the recipes.

Amazon.com: Customer reviews: Einkorn: Recipes for Nature ...

Deli-style einkorn rye bread (page 68) from Einkorn: Recipes for Nature's Original Wheat Einkorn by Carla Bartolucci Categories: Bread & rolls, savory

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